

BSC (HONS) HEALTH STUDIES (MENTAL HEALTH)

Programme Requirements

Code	Title	Credits
Year 1		
Students take 60 credits as follows – all listed core modules (50 credits) in Part A and 10 credits in Part B:		
Year 1 - Part A		
<i>Core Modules</i>		
NU1026	Academic Writing, Information Technology and Evidence-Based Nursing Practice	5
NU1032	Fundamental Knowledge and Skills for Nursing Practice	10
NU1040	Infection Prevention and Control for Nursing and Midwifery Practice	5
SC1015	Sociological Concepts for Nursing	5
NU1042	Developing Hope-Inspiring Relationships and Psychology for Health Care	10
NU1043	Recovery - Theory, Concept and Principles	10
NU1045	Creative Therapies and Self Awareness Skills for Mental Health Nursing	5
Year 1 - Part B		
<i>Practice Module</i>		
NU1044	Developing Skilled Mental Health Nursing Practice 1	10
Year 2		
Students take 60 credits as follows – all listed core modules (50 credits) in Part A and 10 credits in Part B:		
Year 2 - Part A		
<i>Core Modules</i>		
NU2003	Pharmacology and Medication Management for Nurses and Midwives	5
NU2050	Research for Evidence Based Nursing and Midwifery Care	5
NU2066	Recovery - Understanding Mental Health	10
NU2069	Therapeutic Relationships - Communication and Self-Awareness	5
NU2097	General Health Care for Adults with Mental Health Problems I	10
NU2098	General Health Care for Adults with Mental Health Problems II	5
SS2028	Social Justice and Mental Health: Combating Discrimination, Labelling and Stigma	10
Year 2 - Part B		
<i>Practice Module</i>		
NU2068	Skilled Mental Health Nursing Practice 2	10
Year 3		
Students take 60 credits as follows – all listed core modules (50 credits) in Part A and 10 credits in Part B:		
Year 3 - Part A		
<i>Core Modules</i>		

NU3076	Professional and Disciplinary Learning for Nursing Practice	5
NU3083	Research for Evidence-based Nursing and Midwifery Care	5
NU3050	Health Promotion and Primary Health Care in a Mental Health Context	10
NU3051	Mental Health Nursing: Politics, Policy and Practice	5
NU3053	Psychosocial Interventions in Developing Hope-Inspiring Relationships	10
NU3088	Recovery - Working with Children and Young People with Mental Health Problems	5
NU3089	Recovery - Working with the Older Adult with Mental Health Problems	10

Year 3 - Part B

Practice Module

NU3054	Skilled Mental Health Nursing Practice 3	10
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Year 4

Students take **60** credits as follows – all listed core modules (**40** credits) and a **5** credit elective module in Part A and **15** credits in Part B:

Year 4 - Part A		
<i>Core Modules</i>		
NU4073	Research for Evidence Based Nursing and Midwifery Care	10
NU4057	Recovery - Working with Vulnerable Populations	10
NU4058	Leadership and Therapeutic Team Working Skills in a Mental Health Setting	10
NU4089	The Profession and Discipline of Mental Health Nursing	10

Elective Modules

Students take **5** credits from the following:

NU4025	Health Care Informatics for Nursing and Midwifery (5)	5
NU4034	Complementary Therapies in Healthcare (5)	5
NU4041	Ethical and Legal Decision Making at the End of Life (5)	5
NU4115	Healthcare and the UN Sustainable Development Goals (5)	5
NU4116	LGBTQI+ Inclusion in Nursing & Midwifery (5)	5
NU4117	Mental Health in Film: Critical Approaches (5)	5
NU4118	Pastoral Education for Healthcare (5)	5

Year 4 - Part B

Study Module

NU4091	Independent Study in Health Studies	15
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Total Credits **240**

Examinations

Full details and regulations governing Examinations for each programme will be contained in the *Marks and Standards Book* and for each module in the *Book of Modules*.