

# BSPST (HONS) (BACHELOR OF SPORTS STUDIES)

## Overview

### Alternative Pathway for students not proceeding to Fourth Education (Sports Studies and Physical Education)

The Bachelor of Sports Studies (Hons) (BSpSt) is an alternative degree pathway for students who do not satisfy the pass standard for the placement module ED3329 (15 credits) in Year 3 of the BEd (Hons) Sports Studies and Physical Education (<https://ucc-ie-public.courseleaf.com/programmes/bedss/>) programme, or who decide not to continue with their professional training in the BEd (Hons) Sports Studies and Physical Education programme. Such students may opt instead to register for the Bachelor of Sports Studies (Hons). These students would then progress to fourth year Bachelor of Sport Studies (Hons) where, on successful completion, they would graduate with a Bachelor of Sports Studies (Hons).

**Note:** Students who opt for this Pathway are not eligible for a professional teaching qualification.

### Alternative Pathway for students not completing Fourth Education (Sports Studies and Physical Education)

The Bachelor of Sports Studies (Hons) (BSpSt) is an alternative degree pathway for students who do not satisfy the pass standard for the placement module ED4320, or who decide not to continue with their professional training in the BEd (Hons) Sports Studies and Physical Education (<https://ucc-ie-public.courseleaf.com/programmes/bedss/>) programme. Such students may opt instead to register for the Bachelor of Sports Studies (Hons) (BSpSt), and to complete ED4314 (20 credits) within the restrictions of the three year rule. After successfully completing this module these students will then graduate with a Bachelor of Sports Studies (Hons).

### Alternative Pathway for students not proceeding to Fourth Education (Physical Education, Sports Studies and Arts)

The Bachelor of Sports Studies (Hons) is an alternative degree pathway for students who do not satisfy the pass standard for the placement module ED3329 (15 credits) in Year 3 of the BEd (Hons) (Physical Education, Sports Studies and Arts) programme, or who decide not to continue with their professional training in the BEd (Hons) Physical Education, Sports Studies and Arts (<https://ucc-ie-public.courseleaf.com/programmes/bedpea/>) programme. Such students may opt instead to register for the Bachelor of Sports Studies (Hons). These students would then progress to fourth year Bachelor of Sport Studies (Hons) where, on successful completion, they would graduate with a Bachelor of Sports Studies (Hons).

**Note:** Students who opt for this Pathway are not eligible for a professional teaching qualification.

### Alternative Pathway for students not completing Fourth Education (Physical Education, Sports Studies and Arts)

The Bachelor of Sports Studies (Hons) is an alternative degree pathway for students who do not satisfy the pass standard for the placement module ED4320 Placement 4, or who decide not to continue with their professional training in the BEd (Hons) Physical Education, Sports

Studies and Arts (<https://ucc-ie-public.courseleaf.com/programmes/bedpea/>). Such students may opt instead to register for the Bachelor of Sports Studies (Hons) and to complete ED4314 Community Placement (20 credits) within the restrictions of the three year rule. After successfully completing this module these students will then graduate with a Bachelor of Sports Studies (Hons).

## Programme Requirements

For information about modules, module choice, options and credit weightings, please go to Programme Requirements (p. 1).

## Programme Requirements

### For students who decide after second year to change their registration to the Bachelor of Sports Studies (from 2024/25 onwards)

Code	Title	Credits
<b>Year 1 - Sports Studies and Physical Education</b>		
Students take <b>60</b> credits as follows:		
<i>Core Modules</i>		
AN1063	Anatomy of Exercise	5
DH1001	Introduction to the Digital Humanities	5
ED1308	Sport Psychology - Fundamentals and Application	5
ED1309	Movement Analysis	5
ED1310	Introduction to Exercise Physiology	5
ED1314	Curriculum-Based Physical Activities 1	5
ED1323	Curriculum-Based Physical Activities 2	5
ED1324	Pedagogical Foundations	5
ED1325	Curriculum and Pedagogical Coherence in Junior Cycle	5
plus <b>15</b> credits in one Arts subject from the following:		15
English ( <a href="https://ucc-ie-public.courseleaf.com/programmes/baengl/">https://ucc-ie-public.courseleaf.com/programmes/baengl/</a> )		
French ( <a href="https://ucc-ie-public.courseleaf.com/programmes/bafr/">https://ucc-ie-public.courseleaf.com/programmes/bafr/</a> ) <sup>1</sup>		
Gaeilge/Irish ( <a href="https://ucc-ie-public.courseleaf.com/programmes/bagae/">https://ucc-ie-public.courseleaf.com/programmes/bagae/</a> )		
History ( <a href="https://ucc-ie-public.courseleaf.com/programmes/bahi/">https://ucc-ie-public.courseleaf.com/programmes/bahi/</a> )		
Mathematical Studies ( <a href="https://ucc-ie-public.courseleaf.com/programmes/bamas/">https://ucc-ie-public.courseleaf.com/programmes/bamas/</a> )		
<b>Year 2 - Sports Studies and Physical Education</b>		
Students take <b>60</b> credits as follows – all listed core modules ( <b>35</b> credits) and <b>25</b> credits from their chosen Arts subject continued from First Year.		
<i>Core Modules</i>		
ED2322	Curriculum and Pedagogical Coherence in Senior Cycle	5
ED2324	Arts Subject Pedagogy 1	5
ED2325	Placement 1	15
ED2405	Curriculum-Based Physical Activities 3	5
ED2406	Curriculum-Based Physical Activities 4	5
Plus <b>25</b> credits from their chosen Arts subject continued from First Year		25
<i>English students in second year (CK125) take 25 credits as follows:</i>		
Students in semester 1 take three of the following modules to the value of 15 credits:		
EN2011	Chaucer: The Canterbury Tales and Related Texts	
EN2012	Old English Language	

EN2046	American Literature to 1900
EN2077	Modern Drama
EN2079	Adaptation, Literature, and Culture

Students in semester 2 take two of the following modules to the value of 10 credits:

EN2043	Romance and Realism
EN2071	Women and Literature
EN2078	Colony and Nation: Irish Literature before 1900
EN2080	Introduction to Renaissance Literature

#### French

FR2101	Advanced French Language I <sup>6</sup>
FR2202	Literary Seminar I
FR2204	Topics in Literature and Culture

plus 5 credits from the following:

FR2313	Francophone Travel Narratives
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#### Gaeilge

GA2001	Úsáid agus Cruinneas na Gaeilge I
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agus trí mhodúl as:

GA2003	Filíocht na hOchtú hAoise Déag
GA2013	Léann agus Lámhscríbhinní na Gaeilge
GA2014	Logainmníocht na Gaeilge
GA2016	Dialanna na Gaeilge
GA2019	Cineálacha Scéalaíochta: An Litríocht Bhéil agus an Gearrscéal Liteartha
GA2023	Foghraíocht na Gaeilge
GA2024	An Ghaeltacht
GA2025	Teanga na Nua-Ghaeilge Luaithe
GA2026	Iriseoireacht na Gaeilge
GA2027	Craoltóireacht na Gaeilge
GA2035	Seán Ó Ríordáin: filíocht agus próis
GA2036	Na Laoithe Fiannaíochta

#### History

HI2110	Sex, Gender and Power in History
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Plus 20 credits from:

HI2003	Culture and Power: Renaissance Intellectual History, 1450-1650
HI2025	The Vikings
HI2036	Sport and Society in Modern Ireland
HI2038	The Tudors and Ireland
HI2045	Crime, Violence, and Revolutionary Ireland, 1913-1925
HI2046	Popular Justice and Social Control in Ireland, 1803-1940
HI2047	Hitler, Nazism and the Holocaust
HI2048	1989 Revolutions: Poland and East Central Europe - Transition to Democracy
HI2049	The Great Famine: its Making, Meaning and Memory
HI2051	The First World War, 1914-1918; International Relations, Politics and Society

#### Mathematical Studies

MS2005	Discrete Mathematics
MS2013	Geometry

MS2015	Multivariable Calculus with Financial Applications
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plus 10 credits from:

AM1053	Introduction to Mathematical Modelling
MS2017	Mechanics I
MS2019	Quantitative Research and Survey Sampling Methods
MS2020	Business Data Analytics

#### Year 3 - Sports Studies (from 2024/25 onwards)

**For students who decide after second year to change their registration to the Bachelor of Sports Studies (from 2024/25 onwards)**

Students take **40** credits as follows:

Core Modules		
AP2505	Psychology of Childhood and Adolescence	5
DH2002	Digital Tools and Methods II	5
ED3304	Curriculum-Based Physical Activities 5	5
ED3307	Coaching Science 1	5
ED3308	Health and Wellbeing	5
ED3323	Directed Study in Community Sport	5
ED3327	Creativity and Innovation in Education	5
ED3328	Community-Based Physical Activity	5

plus **20** credits from the chosen Arts subject continued from Second Year

#### Year 3 - Sports Studies (from 2024/25 onwards)

**For students who fail ED3329 and change their registration to the Bachelor of Sports Studies or who decide during Year 3 not to continue with their professional training in the BED (Hons) Sports Studies and Physical Education degree**

Students take **40** credits as follows:

ED3304	Curriculum-Based Physical Activities 5	5
ED3307	Coaching Science 1	5
ED3308	Health and Wellbeing	5
ED3321	Community Placement in Physical Activity and Sport	15
ED3327	Creativity and Innovation in Education	5
ED3328	Community-Based Physical Activity	5

plus **20** credits from the chosen Arts subject continued from Second Year

#### Year 4 - Sports Studies (from 2025/26 onwards)

**For students progressing from Year 3 Bachelor of Sports Studies (from 2025/26 onwards)**

Students take **60** credits as follows:

Core Modules		
ED4107	Conceptual Foundations in Inclusive Education	5
ED4314	Community Placement	20
ED4315	Final Year Research Project	10
SS3006	Education and Welfare	5
SS3009	Communities, Activism and Development	5
SS3019	Science, Technology and Public Controversy	5
SS3047	Social Practice and the Social Professions 3	5
AP3504	Child and Family Health Psychology	5

#### Year 4 - Sports Studies (from 2025/26 onwards)

**For students who fail ED4320 in Year 4 BEd (Hons) Sports Studies and Physical Education or who decide during Year 4 not to continue with their professional training in the BEd (Hons) Sports Studies and Physical Education degree (from 2025/26 onwards)**

Students take **60** credits as follows:

Core Modules

ED4104	Conceptual Foundations in the Philosophy and History of Education	5
ED4105	Conceptual Foundations in the Psychology and Sociology of Education	5
ED4106	Conceptual Foundations in Curriculum and Assessment	5
ED4107	Conceptual Foundations in Inclusive Education	5
ED4314	Community Placement	20
ED4315	Final Year Research Project	10
ED4325	Arts Subject Pedagogy 2	5
ED4326	Professional Relationships and Development in Education	5

<sup>1</sup> A student will not normally be allowed to select French unless (s)he has attained a pass standard in French in the Leaving Certificate Examination (or equivalent).

<sup>2</sup> Students must include in their selection at least once lecture or seminar modules from the range of Old English, Middle English and Renaissance modules. (These will be designated with the letters OMR on departmental course lists).

<sup>3</sup> Students may substitute one 5 credit EN modules with LL2003

<sup>4</sup> Students cannot take modules that are cross-scheduled.

<sup>5</sup> EN2003 Critical Skills Seminar - Students will only have the option of selecting a seminar from those on offer for Semester 1 (registration for seminars is done via the Department of English. Details will be given in the departmental student handbook published at the start of the new academic year).

<sup>6</sup> In addition to the general regulations for passing the year, students must pass FR2101 Advanced French Language I

- Engage and participate professionally in their community and take responsibility for their own life-long professional learning;
- Demonstrate a clear competency in numeracy and literacy skills in class and within assignments.

## Examinations

Full details and regulations governing Examinations for each programme will be contained in the *Marks and Standards Book* and for each module in the *Book of Modules*.

## Programme Learning Outcomes

### Programme Learning Outcomes for BSpSt (Hons) (Bachelor of Sports Studies) (NFQ Level 8, Major Award)

On successful completion of this programme, students should be able to:

- Demonstrate discipline knowledge in physical activity and sport that enables graduates to work effectively in diverse contexts;
- Evaluate with critical awareness the role physical activity and sport plays in society and in life-long activity patterns;
- Demonstrate and apply curriculum knowledge and processes as appropriate for sports development;
- Critically engage in contemporary debates on issues relating to physical activity and sport;
- Apply intellectual leadership to progress the area of sport, physical activity and health;