

MSC (COGNITIVE BEHAVIOURAL PSYCHOTHERAPY)

Overview

NFQ Level 9, Major Award

The MSc in Cognitive Behavioural Psychotherapy is a part-time programme taken over one year from the date of first registration for the programme. In order to register onto the MSc in Cognitive Behavioural Psychotherapy, students must have completed a Postgraduate Diploma in Cognitive Behaviour Therapy (<https://ucc-ie-public.courseleaf.com/programmes/pdcbt/>)/Psychotherapy (CBT) and be accredited or eligible for accreditation with the British/Irish Association of Behavioural and Cognitive Psychotherapies.

Programme Requirements

For information about modules, module choice, options and credit weightings, please go to Programme Requirements (p. 1).

Programme Requirements

Code	Title	Credits
Students take 30 credits as follows:		
<i>Core Modules</i>		
MH6004	Dissertation in Cognitive Behavioural Therapy	20
MH6014	Advanced Research Methods for Healthcare Professionals	10
Total Credits		30

Examinations

Full details and regulations governing Examinations for each programme will be contained in the *Marks and Standards Book* and for each module in the *Book of Modules*.

Programme Learning Outcomes

Programme Learning Outcomes for MSc in Cognitive Behavioural Psychotherapy (NFQ Level 9, Major Award)

On successful completion of this programme, students should be able to:

- Demonstrate an advanced awareness of research protocol through a cognitive behaviour therapy (clinically) focused research dissertation;
- Practise with greater insight of the research-base, ethical, socio-political and professional underpinnings of CBT and health care in Ireland.
- Demonstrate a critical and in-depth understanding of the range of factors, which contribute to human problems, that includes personal social and cultural background factors, human personal strengths, possibilities and mental status;
- Have a critical and in-depth understanding of the body of knowledge, which constitutes the theory of Cognitive Behavioural Psychotherapy including legal frameworks and codes of professional practice;
- Critically and systematically review research based literature relevant to cognitive behavioural therapy;
- Critically analyse the importance of cognitive behavioural theories to psychotherapeutic practice and contribution to the understanding of both common and complex psychological and emotional functioning;
- Apply clinical skills consistent with the core competencies of cognitive behavioural psychotherapy and exercise enhanced professional competences through accountability, autonomy and professional practice;