

MSC (COGNITIVE BEHAVIOURAL PSYCHOTHERAPY)

Programme Learning Outcomes

Programme Learning Outcomes for MSc in Cognitive Behavioural Psychotherapy (NFQ Level 9, Major Award)

On successful completion of this programme, students should be able to:

- Demonstrate a critical and in-depth understanding of the range of factors, which contribute to human problems, that includes personal social and cultural background factors, human personal strengths, possibilities and mental status;
- Have a critical and in-depth understanding of the body of knowledge, which constitutes the theory of Cognitive Behavioural Psychotherapy including legal frameworks and codes of professional practice;
- Critically and systematically review research based literature relevant to cognitive behavioural therapy;
- Critically analyse the importance of cognitive behavioural theories to psychotherapeutic practice and contribution to the understanding of both common and complex psychological and emotional functioning;
- Apply clinical skills consistent with the core competencies of cognitive behavioural psychotherapy and exercise enhanced professional competences through accountability, autonomy and professional practice;
- Demonstrate an advanced awareness of research protocol through a cognitive behaviour therapy (clinically) focused research dissertation;
- Practise with greater insight of the research-base, ethical, socio-political and professional underpinnings of CBT and health care in Ireland.