

POSTGRADUATE CERTIFICATE IN APPLIED PSYCHOLOGY (POSITIVE AND COACHING PSYCHOLOGY)

Overview

NFQ Level 9, Minor Award

Exit Award only

Students on the MA (Applied Psychology) (Positive and Coaching Psychology) (<https://ucc-ie-public.courseleaf.com/programmes/maapp/>) programme who successfully complete and pass taught modules to the value of at least **30** credits in Part I may exit the programme and be conferred with a Postgraduate Certificate in Applied Psychology (Positive and Coaching Psychology). A student who subsequently applies to complete the Master's programme must do so within 5 years of successful completion of the Postgraduate Certificate in Applied Psychology (Positive and Coaching Psychology) subject to the programme being on offer.

Programme Requirements

For information about modules, module choice, options and credit weightings, please go to Programme Requirements (p. 1).

Programme Requirements

Code	Title	Credits
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Students must pass taught modules to the value of at least **30** credits from the following:

Core Modules

AP6061	Qualitative Research Methods and Data Analysis	5
AP6062	Quantitative Research Methods for Professionals	5
AP6181	Practice of Evidence Based Coaching	10
AP6182	Positive Psychology and Human Flourishing	10
AP6183	Positive Psychology Coaching Practice	10
AP6184	Cognitive Enhancement and Motivational Interviewing as Strategies for Change	10

Elective Modules

Students may take modules to the value of 10 credits from the following:		10
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AP6129	Health Psychology (5)	
AP6159	Positive Organisational Psychology (5)	
AP6160	Private Practice (5)	
AP6164	Positive Psychology in Group Settings (5)	
AP6169	Learning, Well-Being and Participation at Work (10)	

Examinations

Full details and regulations governing Examinations for each programme will be contained in the *Marks and Standards Book* and for each module in the *Book of Modules*.

Programme Learning Outcomes

Programme Learning Outcomes for Postgraduate Certificate in Applied Psychology (Positive and Coaching Psychology) (NFQ Level 9, Minor Award)

On successful completion of this programme, students should be able to:

- Understand the theoretical and conceptual understanding of positive psychology and coaching psychology;
- Appreciate the process of behaviour change using the frameworks of positive psychology and coaching psychology;
- Understand approaches to wellbeing from positive psychology and coaching psychology;
- Understand the self-actualising needs of clients from diverse social and cultural backgrounds;
- Understand the process of coaching clients appropriately for goal attainment and well-being in one-to-one settings.