

POSTGRADUATE CERTIFICATE IN HEALTH AND WELLBEING

Programme Requirements

Code	Title	Credits
Students take 30 credits as follows - all listed core modules (20 credits) and 10 credits of elective modules:		
<i>Core Modules</i>		
MX6013	Contemporary Issues in the Field of Health and Wellbeing	10
MX6019	Health and Wellbeing across the Lifespan ¹	10
<i>Elective Modules</i>		
Students take modules to the value of 10 credits from the following:		10
MX6020	Innovations in Workplace Wellness (10) ¹	
MX6014	Reflective Practice, Wellbeing and Resilience (10)	
Total Credits		30

¹ Module run by MTU.

Examinations

Full details and regulations governing Examinations for each programme will be contained in the *Marks and Standards Book* and for each module in the *Book of Modules*.