

# POSTGRADUATE CERTIFICATE IN HEALTH AND WELLBEING

## Overview

**Status:** Active

**National Framework Of Qualifications (NFQ) Level:** 9

**NFQ Award Class:** Minor Award

**Duration Part Time:** 9 Month(s)

**Total Credits:** 30

**Delivery Method:** Online

### Connected Curriculum:

- Civic and Community Engagement
- Employability
- Inter-and Transdisciplinary
- Research Based Teaching
- Sustainability

### Sustainable Development Goals (SDGs):

- Good Health and Well-being

### Graduate Attributes:

- Creator, evaluator and communicator of knowledge
- Effective global citizen
- Independent and creative thinker
- Socially Responsible

### Participating External Partners:

- MTU - Munster Technological University

### Type of Arrangement:

- Joint Degree

### Work-Integrated Learning (Including Placement):

No

### *(Joint Degree Between Munster Technological University and University College Cork)*

The Postgraduate Certificate in Health and Wellbeing is a part-time, fully online, taught programme, which runs over 9 months. Students take modules to the value of **30** credits. There is no work placement as part of this programme.

UCC Code	MTU Code	Module Run by	Module Title	Credit
MX6013	TBD	UCC	Contemporary Issues 10 in the Field of Health and Wellbeing	
MX6019	SPRT9001	MTU	Health and Wellbeing 10 across the Lifespan	
MX6014	TBD	UCC	Health and Wellbeing 10 across the Lifespan	

MX6020	SPRT9003	MTU	Innovations in Workplace Wellness	10
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## Progression to the Postgraduate Diploma in Health and Wellbeing (NFQ Level 9, Major Award)

Following successful completion of the Postgraduate Certificate in Health and Wellbeing, a student may progress to the Postgraduate Diploma in Health and Wellbeing (<https://ucc-ie-public.courseleaf.com/programmes/pdhw/>).

## Programme Requirements

For information about modules, module choice, options and credit weightings, please go to Programme Requirements (p. ).