

POSTGRADUATE DIPLOMA IN APPLIED PSYCHOLOGY (POSITIVE AND COACHING PSYCHOLOGY)

Overview

NFQ Level 9, Major Award

Exit Award only

Students on the MA (Applied Psychology) (Positive and Coaching Psychology) (<https://ucc-ie-public.courseleaf.com/programmes/maapp/>) programme who successfully complete and pass taught modules to the value of **60** credits in Part I and opt not to complete Part II may exit the programme and be conferred with a Postgraduate Diploma in Applied Psychology (Positive and Coaching Psychology). A student who subsequently applies to undertake the Master's programme must do so within 5 years of successful completion of the Postgraduate Diploma in Applied Psychology (Positive and Coaching Psychology) subject to the programme being on offer.

Programme Requirements

For information about modules, module choice, options and credit weightings, please go to Programme Requirements (p. 1).

Programme Requirements

Code	Title	Credits
#maapp:Part I		
Total Credits		0

Examinations

Full details and regulations governing Examinations for each programme will be contained in the *Marks and Standards Book* and for each module in the *Book of Modules*.

Programme Learning Outcomes

Programme Learning Outcomes for Postgraduate Diploma in Applied Psychology (Positive and Coaching Psychology) (NFQ Level 9, Major Award)

On successful completion of this programme, students should be able to:

- Understand the factors that underpin and maintain successful behaviour change;
- Be able to critically reflect on professional strengths and needs, and through supervision devise a professional development plan.
- Understand the self-actualising needs of clients from diverse social and cultural backgrounds and devise optimal strategies for their development;
- Coach clients appropriately for goal attainment and well-being in both one-to-one and group settings;
- Evaluate relevant theory and empirical findings, and apply these to practice;
- Conduct and disseminate research of a publishable standard;
- Acquire a theoretical and conceptual understanding of positive psychology and coaching psychology;
- Develop behaviour change expertise using the frameworks of positive psychology and coaching psychology;
- Synthesise approaches to wellbeing from positive psychology and coaching psychology and apply them in practical settings;