

# POSTGRADUATE DIPLOMA IN COGNITIVE BEHAVIOURAL THERAPY

## Programme Requirements

Code	Title	Credits
<b>Year 1</b>		
Students take <b>30</b> credits as follows:		
<i>Core Modules</i>		
MH6000	Cognitive Behavioural Therapy Core Competencies II	5
MH6001	Cognitive Behavioural Therapy Core Competencies I	5
MH6136	Cognitive Behavioural Therapy (CBT) Models: Behavioural Activation for Depression	5
MH6137	Cognitive Behavioural Therapy (CBT) Models of Anxiety Disorders	10
MH6139	Cognitive Behavioural Therapy Supervised Practice 1	5
<b>Year 2</b>		
Students take <b>30</b> credits as follows:		
<i>Core Modules</i>		
MH6003	Cognitive Behavioural Therapy Supervised Practice II	5
MH6133	Cognitive Behavioural Therapy for Complex Cases	10
MH6134	Cognitive Behavioural Therapy (CBT) for Depression and Comorbidity	5
NU6005	Evidence Based Practice for Healthcare Professionals (Blended learning module)	10
<b>Total Credits</b>		<b>60</b>

## Examinations

Full details and regulations governing Examinations for each programme will be contained in the *Marks and Standards Book* and for each module in the *Book of Modules*.