

# POSTGRADUATE DIPLOMA IN COGNITIVE BEHAVIOURAL THERAPY

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## Overview

**Status:** Active

**National Framework Of Qualifications (NFQ) Level:** 9

**NFQ Award Class:** Major Award

**Duration Part Time:** 2 Academic Year(s)

**Total Credits:** 60

**Delivery Method:** Blended

## Connected Curriculum:

- Employability
- Inter-and Transdisciplinary
- Research Based Teaching

## Graduate Attributes:

- Creator, evaluator and communicator of knowledge
- Effective global citizen
- Independent and creative thinker

## Work-Integrated Learning (Including Placement):

No

## UCC policies applying to applicants/students on this programme:

- Student Vetting Policy and Procedure

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The Postgraduate Diploma in Cognitive Behavioural Therapy is a part-time programme which is taken over two years. The programme will run on a cyclical basis every two years.

The programme is aligned with the British Association for Behavioural & Cognitive Psychotherapies (BABCP) and individuals with a core profession who successfully complete this programme will have met the minimum training standards and can apply for individual accreditation.

## Exit award: Postgraduate Certificate in Cognitive Behavioural Therapy (NFQ Level 9, Minor Award)

Upon satisfactory completion of modules to the value of 30 credits, students may opt to exit the programme and be conferred with a Postgraduate Certificate in Cognitive Behavioural Therapy (<https://ucc-ie-public.courseleaf.com/programmes/pccbt/>). This award does not permit an individual to practice as a Cognitive Behavioural Therapist.

## Progression to the MSc (Cognitive Behavioural Psychotherapy) (NFQ Level 9, Major Award)

Following successful completion of the Postgraduate Diploma in Cognitive Behavioural Therapy, students can progress to the MSc in Cognitive Behavioural Psychotherapy (<https://ucc-ie-public.courseleaf.com/programmes/msccbp/>). This is not a requirement to practise as a Cognitive Behavioural Therapist.

## Programme Requirements

For information about modules, module choice, options and credit weightings, please go to Programme Requirements (p. ).