

POSTGRADUATE DIPLOMA IN HEALTH AND WELLBEING

Overview

(Joint Degree Between Munster Technological University and University College Cork)

The Postgraduate Diploma in Health and Wellbeing is a part-time, blended learning taught programme, which runs over 9 months. Students take modules to the value of **30** credits.

UCC Code	MTU Code	Module Run by	Module Title	Credit
MX6015	TBC	UCC	Advanced Strategies for Enhancing Health and Wellbeing	10
MX6021	SPRT9006	MTU	Digital Health and Wellbeing	10
MX6016	TBC	UCC	Diversity, Inclusion, and Wellbeing	10
MH6014	TBC	UCC	Advanced Research Methods for Health Professionals	10

The Postgraduate Diploma in Health and Wellbeing must be completed within 5 years of registration for the Postgraduate Certificate in Health and Wellbeing (<https://ucc-ie-public.courseleaf.com/programmes/pchw/>).

Progression to the MSc in Health and Wellbeing (NFQ Level 9, Major Award)

Following successful completion of the Postgraduate Diploma in Health and Wellbeing, (p. 1) a student may progress to the MSc in Health and Wellbeing (<https://ucc-ie-public.courseleaf.com/programmes/mschw/>) (not on offer until 2025/26). Students who have the intention to progress to the MSc in Health and Wellbeing must complete MH6014 Advanced Research Methods for Healthcare Professionals.

Programme Requirements

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Code	Title	Credits
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Students take **30** credits as follows - all listed core modules (**20** credits) and **10** credits of elective modules:

Core Modules

MX6015		10
MX6021	¹	10

Elective Modules

Students take modules to the value of **10** credits from the following: 10

MX6016	(10)	
MH6014	Advanced Research Methods for Healthcare Professionals (10)	

Total Credits 30

¹ Module run by MTU.

Examinations

Full details and regulations governing Examinations for each programme will be contained in the *Marks and Standards Book* and for each module in the *Book of Modules*.

Programme Learning Outcomes

Programme Learning Outcomes for Postgraduate Diploma in Health and Wellbeing (NFQ Level 9, Major Award)

On successful completion of this programme, students should be able to:

- Identify factors involved in application and adaptation of health and wellbeing programme across organisational settings
- Critically assess opportunities and barriers to applying the research in real life settings, through case studies and real-life examples
- Describe the evidence base supporting the benefits of inclusive environments at an individual and organisational level
- Demonstrate an understanding of how digital health technologies can be used to monitor, manage, and support health and wellbeing.
- Discuss the application of digital health technologies to health and wellbeing promotion in organisational settings

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